## Looking for Affordable Veggies?!?



## Only \$5 per week

**What do I get?** Each share will contain a mix of vegetables and herbs that are in season at Budding Moon Farm. This will provide about one week of vegetables for your household (different sized shares are available to meet the needs of different households). You will also receive recipes, storage and cooking tips, as well as updates from the farm.

**Who can participate?** If you or anyone in your household qualifies for SNAP (food stamps), Medicaid, or CHIP (children's health insurance program), you can participate in our **Veggie Rx program** to improve your health! We also take referrals from health care providers.

When? Weekly Pick-up June through October

*Where?* Our Savior's Lutheran Church, 1020 State Street, Spearfish or Budding Moon Farm, 10551 Higgins Lane, Spearfish

*How?* If you are interested, contact Jared Lukens-Black Email: <u>buddingmoonfarm@gmail.com</u> or Phone: 605-440-0226

